



# Cork Climbing Club

## Member Belay and Lead Climbing Test Criteria

1. The climber should own their own harness & belay device, this gear should be in good condition
2. The climbing harness should be properly fitted and all buckles properly adjusted
3. If the climber is using their own rope it should be rated for use as a single dynamic rope, be in good condition, and be a suitable length for use at the wall
4. The climber should tie on to the harness through the tie in loops on the waist-belt and leg loops unless the harness manufacturer indicates otherwise
5. The climber should tie on with a figure 8 knot and stopper knot, properly adjusted. They may use another knot at other times but a fig 8 is required for the test.
6. The climber should belay with a known/UIAA approved belay plate device or a grigri. If using a grigri or any device other than a belay plate they should inform the tester in advance
7. Prior to both climbing and belaying the candidate should do a 'buddy check' and demonstrate good communication between climber and belayer.
8. The candidate should first be asked to belay in a top-rope situation. They should take in slack efficiently and lower smoothly. They should be asked to hold an unexpected top-rope fall. If required they should use the ballast bag correctly
9. If they fail to complete the top-rope belay satisfactorily do not progress to a lead climb belay
10. When lead belaying the candidate should belay the leader smoothly, as directed by the manufacturer of the belay device chosen, without short roping or excessive slack. The belayer should be correctly positioned to one side of the leader at the beginning of the climb.
11. If the candidate belays correctly for a no falls ascent they should then be asked to hold a short leader fall. They should hold the fall without difficulty.
12. The candidate should be asked to lead 3 climbs of their choosing. Clipping should be correct and efficient.
13. The candidate should be asked to take at least 2 short leader falls. There should be little hesitation and the climber should have a good body position when falling, especially if impacting the wall.